



# Morialta Vision

A publication of Morialta Uniting Church

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## FIRST ENCOUNTERS

Dear new friends at Morialta Uniting Church,

By the time you read this a few weeks will have passed since I (and Gaynor) arrived amongst you to share with you in this 'Supply Ministry' time. Early encounters are very important in all walks of life, none more so than in first encounters at a new church. So might I share with you some snippets of my first few days with you?

I, and Gaynor, very much appreciated the welcome at worship. It was positive and affirming and gave me a 'good and early heart' for my ministry amongst you. Over morning tea many of you came up to us to welcome us. Amongst the welcomers were folk from our first (Methodist) days when as a newly married couple (two weeks) and very young (22 and 24 years of age) we arrived at Mt. Gambier. Some of you were present at my very early services there - and could remember some things from worship in 1971!

Sunday evening we shared in "Messy Church". What a great team of leaders and helpers you have. We got to know parents and young children and as a result of part of those conversations I have sought to involve the young children and Messy Church in Sunday worship.

One of Tuesday's "happenings" was to share in the meeting of pastoral care leaders. What a great caring system you have. More importantly, what a wonderful team of carers you have across the congregation.

Wednesday saw me sharing a really delicious lunch along with many members of the church and community. I sat at a table where one of the ladies shared the name of my late mother. The first time I had come across the name in well over a decade.



I've spent a long and challenging visit and conversation with one of the members which has given me a serious rethink about ministry.

As well I've been greatly supported by the church office and 'tech savvy' members of the congregation.

And the list has grown since then.

Ministry amongst you is challenging, as it is in all congregations. However what has stood out for me is the support, care and interest of you all. As the supply minister among you I feel lifted up by you believing in the ministry I have to share with you. May Christ support and affirm us all in this journey.

Bruce Grindlay


### Inside this issue:

What's in The Word	2
Chairperson	3
Community Centre News	
Picnic Pleasure	
Thanks and Goodbye	4
Hello and Welcome	
Volunteering in the Philippines	5
Walks	6
Receptive Ecumenism	7
Organized Religion	
Morialta Magpie	8
Paws for Thought	9
Margaret Clogg Retires	
Eulogy—Lorna Stuart	10
Library	11



**Join us on Sunday  
July 7th at 4.30pm.**

**Cabaret with the  
Payneham City Concert Band**



**Glen Miller and other swing favourites**  
Featuring vocalist Andrew Crispe

Saturday 20th July 7:30pm

Tickets \$20 Adult, \$5 Child  
BYO Nibbles and Drinks - Wine, Juice, Soft Drinks  
Tea & Coffee available  
A Community Building and Fundraising Event



**MYSTERY MURDER MAYHEM**  
at the Tabernacle Church of St. Morry

**THE LAST HURRAH**

Fri 30 August & Sat 31 August  
6.30 pm for 7.00 pm start  
Tickets \$25  
BYO  
Main Course  
**August 30th & 31st**  
Bookings open 9 June  
Morialta Uniting Church 26 Chapel Street Magill

## For Reflection

### What's in The Word?



Early in 2012 I downloaded an e-book, for no good reason except that I couldn't resist a tantalising title like "Why be Happy if you could be Normal." I think part of me thought that I should be giving 'normal' a go! (It won't be happening, by the way!) Whatever my promptings, in the reading, I found it to be a beautifully written, if at times confronting, autobiography. The author, Jeanette Winterson, shares her life experiences and acquired wisdom with disarming honesty and insight. One of many passages that caught my eye was the following:

*"A tough life needs a tough language – and that is what poetry is. That is what literature offers – a language powerful enough to say how it is. It isn't a hiding place. It is a finding place."*

Later in the year I was similarly diverted by a quote on the back cover of a book by another wonderful British writer, Julian Barnes. He asserts the following:

*"Novels tell us the most truth about life: what it is, how we live it, what it might be for, how we enjoy and value it, how it goes wrong, and how we lose it."*

In many ways this assertion runs contrary to the popularly held belief that novels, even incredibly good ones, are nothing more than superficial escapist fiction.

But now let us line up these quotes against our holy book of books, the Bible. Is it not full of poetry and story? Made-up story even. Is it not, from the very first dreamtime words in Genesis to the wild imaginings in the book of Revelation at its end, a great confronting story written in parable and prophecy and poetry, in echo, in metaphor and in constructed narrative? Does this not allow it to convey a depth and richness and tough wisdom that simple prose could never capture? The elemental truth of God's grace, goodness and love is not diminished by such imagining, such storytelling. It is magnified.

So consider my dismay when recently I had the 'malchance', as the French would call it, to pick up a book entitled "365 Read-aloud Bedtime Bible Stories" (published 1995). With the encouragement that it had been written for ages 3-8, in age-appropriate, easy to understand language, I read on to this amazing confabulation gleaned from the first and second book of Kings. Part of it read as follows:

*"Throw her out the window" he shouted. Jezebel fell to the ground and was trampled by horses. Later, Jehu ordered that Jezebel be buried. But her body was gone, eaten by dogs, as Elijah had said. Elijah also had said that Ahab's family would be completely destroyed. Jehu did this, killing Ahab's 70 sons. God was pleased with Jehu's work."*

Call me over-protective if you like, but I would not be reading this as a bedtime story to my 3 and 5 year old grandies – Bible or not! True, it was written in easy to understand language as promised, and the basic facts are right there in Kings. But surely such simplification, such literal re-telling, serves only to dismember whatever overarching lesson may be learned from the whole brutal episode, not to mention the terrorising effect it might have on a little one at bedtime.

All of this serves only to raise a lot of questions in my mind.

How do we capture the colourful and memorable stories of the Bible for our children in a way that helps them to grasp the essence of the message?

How do we ourselves make sense of such rich Biblical language, which, as a core element in our services of worship, is our first source of understanding?

How can we hope to peel back the multi-layers of story that reveal a message both simple and complex all at once?

Do we simply skip over great slabs of Biblical text because they don't fit our modern societal context?

Is it safer to invoke the 'selected verses' methodology?

Can we retreat to the old standby "It's not the bits of the Bible that I don't understand that concern me, it's the bits that I do understand"?

Do we dismiss the Old Testament as, by definition, pre-Christian, and therefore irrelevant?

How do we approach the Bible, so shaped in its understanding of the Divine by the simplistic framework of heaven up there, earth here and hell below, coupled with the notion of original sin courtesy of Adam and Eve?

Is it permissible to view some of Paul's more outrageous opinions with dismay? Or contempt?

Is it possible to 'get the message' via the contextual filtering of contemporary theological writers alone?

What a lot of hard questions! At least they are for me.

As I mulled over this hodge-podge of thinking, I broke off to attend a service of Evensong. And there, wouldn't you know it, we sang this well-known old hymn, which I'll contract here to its first and last verses. It helped. A bit, anyway.

*Lord, thy Word abideth,  
and our footsteps guideth;  
who its truth believeth  
light and joy receiveth.*

*O that we discerning  
its most holy learning,  
Lord, may love and fear thee,  
evermore be near thee!*

Alison Lockett

June 2013

## From the Chairperson

Having celebrated Diane's time with us we have entered a time of change. Rev. Dr. Bruce Grindlay has commenced his time with us in Supply ministry. We welcome him and his wife Gaynor to Morialta and hope that their time with us is enjoyable and fulfilling.

I'm sure that we are up to the challenge in front of us. Supporting each other in this time between Ministers is important. Communication is always necessary, however it is even more essential that we share details about our community with each other so that everyone is cared for in the manner that we have come to expect, and Bruce and the Pastoral Partners can do what is required to support us all in good times and not so good.

The Pastoral Care Mission Ministry Team appreciates your continued assistance with information about our members who need special care. As always, if you hear news about members of our family who are in any difficulty don't assume that someone else will tell the Office or Pastoral Care team. Make a call or send an email. It is far better for us to hear from three people than nobody.

While I am talking about care, the Joint Nominating Committee has been appointed and already met a couple of times, but as they begin the conversations that will ultimately identify a Minister to be invited to share with us for some time, they need your continued prayers.

*Bruce Ind*



### COMMUNITY CENTRE NEWS

How do you use your iphone or smart phone? A mum at playgroup this week was using her

iphone to toilet-train her son. How? The mind boggles? She set the reminder function on her phone to beep every 2 hours as a reminder to take her son to the toilet thus aiming to avoid any puddles on the floor. This is only one of the valuable lessons about modern day parenting that I have learnt from interacting with young parents at Playgroup. Despite all this modern technology, people and especially young mums still need real human connection and this is where you can help.

Playgroup is a wonderful ministry of our church. It is rewarding to welcome mothers who arrive with a young baby, then watch the baby grow into a toddler, then eventually a new brother or sister arrives and also comes to playgroup. Our church is not alone in the playgroup ministry. Many churches have playgroups and it is customary for the congregation members

to provide morning tea for the parents while the children eat a snack brought from home. This provides a fabulous opportunity for us to interact with people of the wider community. The young parents greatly value the "special" morning tea served by friendly faces and those who bring the morning tea enjoy watching the lovely young babies/

crawlers/toddlers. The morning tea roster has many gaps which is causing unnecessary stress for a willing few. If you can see your way clear to come to playgroup once per school term, your sliced bun from a bakery, or crackers and dip from a supermarket, or homemade treat would be most appreciated.

*Christine Ostle*



## MORIALTA'S PICNIC PLEASURE

The weather in June can be inclement. Those who attended the Morialta Family Picnic were fortunate to enjoy fine weather and good company.

A picnic table and barbeque were reserved and people began arriving at 11.00 am. After a time of good conversation it was time to 'stick the boot in', well through it anyway!

There was some good laughter as some of the participants stepped up to the mark. Technique didn't make much difference, but Minties were on hand for those who needed them while the successful 'booters' were given a Freddo for their troubles.



With lunch over some of the more energetic members started a walk up to the First Falls. It seemed that most of Adelaide was there with us. There were many people out enjoying the Winter Sun like us.

While it wasn't Rockleigh it was good to enjoy each others company, the activity and the environment on the Queen's Birthday holiday.



## Thanks and goodbyes.....

Diane



We had almost five months to arrive at the point of “Cutting the ties” and “Releasing” Diane from her nine year ministry at Morialta to take up a new role as Pastoral Relations Officer in the Synod of SA. And it came to pass - on Sunday 26 May, in Worship and in the social gathering which followed. It was a Morialta family occasion in every sense.

John Powers, Bruce Ind and Rev Phillip Gardner, Synod Pastoral Relations Officer, led the Congregation in the liturgy for Diane's Release. There was a comfortable familiarity mixed with a right degree of formality for the occasion.



Thanks were said over lunch and gifts were given. Diane's penchant for drinking her coffee from a Morialta vintage amber glass mug was honoured with a name engraved piece for her to treasure. She seemed very pleased! With a different level of *oohs and ahs* she was presented with a beautiful blue glass vase selected from the Jam Factory's collection. This was accompanied by a monetary gift from the Congregation with an invitation to use it as she would choose.

Diane's strong ministry and her warm and deep relationships with members of the congregation were expressed in the talk around these giftings and in Diane's response. With good spirits we wished her well on her continuing journey in ministry.

Diane writes....

Dear Friends,

*I want to thank you all for your very generous gifts as you farewelled me at the end of May. They reflect a spirit of generosity that I found throughout my nine years at Morialta. It has been a bit of a whirlwind as I start in my new role and I look forward to spending some time choosing how I will spend the money. The vase is truly beautiful and looks lovely in our home. I was also very touched by the warm comments of appreciation from so many people. I hope that my words on that last Sunday together went some way to expressing the depth of appreciation I feel for all that happened during my nine years at Morialta. Thank you for your gifts, your trust and the friendship you have offered.*

Grace and peace,

Diane

David

In this *double-bunger* occasion we also expressed our thanks to David and farewelled him from his role as Minister in Association. David's very warm relationships and his special place in the heart of Morialta were evident. He was gifted by the congregation with a beautiful shining glass paper weight in brilliant red with a Black Cockatoo feather embedded – very fitting for a bird-loving photographer! The monetary gift which accompanied it was a further expression of the congregation's appreciation and affection. We are delighted that David and Judith are continuing as members in this congregation.



## Hello and welcome.....

With no time in between to ponder the changes too much, on Sunday 2 June we met and welcomed Rev Dr Bruce Grindlay and his wife Gaynor. As our Minister in Supply for three months, Bruce has already begun working and developing relationships with members of the congregation, ministry teams and those in leadership. He has been welcomed warmly and proven himself ready to roll with the repartee which enlivens our communication at Morialta.

We are looking forward to our time with Bruce and Gaynor.

## VOLUNTEERING IN THE PHILIPPINES

Having been accepted by Uniting World to work as a Volunteer setting up a library cataloguing system at the Ecumenical Theological Seminary in Baguio City, North Luzon Province, we left Adelaide on 6 January, flying to Manila.

My first impression of the Philippines



when we emerged from the airport terminal and were met by Perla Dingyan, the Principal's wife who is also a lecturer at ETS, was the traffic! Traffic lanes and pedestrian crossings didn't seem to mean anything. Horns blaring and near misses. It was amazing how the traffic actually got through. I think we only saw one accident.

We spent the first night at the Shalom



Guest House in Manila, then drove north about six hours to ETS, up in the mountains, where the temperature was much cooler.

Baguio is a University town with thousands of students. January and February are the coolest months, and the library, situated in the basement, was quite cold and we had to dress accordingly.

ETS is part of the United Church of Christ in the Philippines (UCCP). Pastors and ministers come to ETS for one week each month for lectures and return to their churches for the rest of the time. The present President of the UCA, Rev Dr Andrew Dutney, visited ETS and has taken their model of study to the United College.



The ETS building, which was started seventeen years ago, has never been finished. The basement and ground floors are completed but the first and second floors are not. We lived on the first floor, where the front of the building was open to the main road and the pollution from the heavy traffic outside floated in! The second floor was a big empty space. There was a large roof over the building to protect it. A fundraising campaign has been reinstated to fund the finishing of the building.

We had our cereal and toast breakfast in our room, and lunch and dinner with the Principal, Rev Luna Dingayan and Perla. Luna cooked most of the meals which consisted of rice, vegetables and mainly pork. We had chicken as well, but no beef. They eat with a fork and spoon, or their fingers.

The library being in the basement, occasionally had been flooded during the wet season. It was damp and musty and some of the books had become mouldy. When I walked into the library, I looked at



the job ahead of me, and wondered where I was going to start. There was no library computer system, so I had to work out a cheap way of cataloguing the books using the old card system. This is a very time consuming way of doing things, but Doug started at the first bookshelf and worked his way from shelf to shelf, seeing if there was any cataloguing information on the publishing page at the front of the book. If there was, which made it easier, for these books I typed up cataloguing information which was then printed off, cut up to fit the blank cataloguing cards and then sticky tape put on top and bottom to give

a firmer base. If no cataloguing information, they were put aside, and later found on a website. If not on website, these would be hand catalogued much later. It was important to get as many books as possible back on the shelves for the students to borrow.

The Blackwood Uniting Church had funded the computer and printer which was invaluable. We trained Sol, a Pastor in training, in the cataloguing techniques.

To purchase office supplies, and for a little recreation, we travelled into Baguio city in a Jeepny, costing about 30¢ each one way. We hailed it across the road and were dropped off at ETS on return, or we came back by taxi, which was less than \$2 a trip.



We attended the English service at the UCCP Church in the city which had a large congregation of all ages; a gowned choir and half-hour sermons. There were other services on Sunday in other languages.

We visited local tourist sites and one day the Bishop invited us to go with him to a church camp site, an hour south of Baguio, down on the plains, which was hot and muggy. Fortunately I had taken my mosquito repellent as they were part of the environment!

After 6 weeks of working hard to set up the cataloguing system, it was time to leave and hope that the library work would continue. We spent three days in Manila with Rev Andy Tiver showing us parts of Manila, particularly the old area.

This was a great experience for us both.



## FROM THE SOCIAL JUSTICE TEAM

### Two walks worth taking

Here are two walks worth taking over the next month. The first is from Parliament House in North Terrace to Elder Park, the second is along Glen Osmond Road into the City of Adelaide.

By the time you read this edition of Vision **Walk Number 1** will have been taken. On Saturday 22<sup>nd</sup> June folk will have joined with members of other Churches, and with Moslem and Hindu friends, in support of refugees, walking along North Terrace under the banner of the South Australian Council of Churches – **Churches together for Justice and Peace**.

Further information is available on the *Welcome to Australia* website – <http://www.welcometoaustralia.org.au/walktogether> and the weekly electronic SACC Newsletter – **Ecumenism: Reflections & News**.

### Walk Number 2:

The second walk will be in support of **The Journey to Recognition**. Aboriginal and Torres Strait Islander peoples are currently excluded from the Constitution of Australia and like me you may not be aware of the current wording and racist opportunities enshrined in the our constitution. For example, did you know that States can ban people voting based on their race, or pass laws that discriminate against people based on their race? I certainly did not.

The recommendations that will be voted on in the referendum at the next election include recognising Aboriginal and Torres Strait Islander peoples, and preserving the Australian Government's ability to pass laws for the benefit of Aboriginal and Torres Strait Islander peoples. New sections will be inserted into the constitution to ban racial discrimination by Governments and to recognise Aboriginal and Torres Strait Islander languages, while confirming English as Australia's national language.

The *Journey of Recognition* walk began in Melbourne on Sunday 26<sup>th</sup> May and is due to arrive in Adelaide on Sunday 30<sup>th</sup> June. The walkers will leave Adelaide on Tuesday 2<sup>nd</sup> July for Nhulunbuy in the Northern Territory, to arrive at the Garma Festival on 9<sup>th</sup> August.

Come and join the walkers and give them a warm welcome as they enter the city on 30<sup>th</sup> June. You will be supporting the 3 "Rs", Recognition, Reconciliation and Relationships with our Indigenous sisters and brothers.

For more information follow progress on [www.recognise.org.au](http://www.recognise.org.au) and in the weekly electronic SACC Newsletter – **Ecumenism: Reflections & News** and the Mordialta Newsletter.

*Colin Cargill and the Social Justice Mission Ministry Team*



### 'TAKE CARE OF THE PENNIES ... '

For over ten years now, a group has met more or less weekly to enjoy the soothing balm of Tai Chi exercises instructed via video. Because there is much to enjoy about this group, the participants happily throw in \$2 each week that they attend. Some of this is set aside to pay to Mordialta for use of electricity, gas and other utilities. Despite this, bit by bit, the accumulated funds just keep growing. In the past, money has been transferred to help support the employment of a Community Centre Coordinator.

During 2012 the realisation dawned that the group really could afford something better than the prehistoric television screen supported on a rather basic and 'agriculturally' adapted stand that they had always used. After numerous conversations and explorations it was agreed by the group that they would fund the purchase of a purpose-built trolley to house a 46" flat screen television. This decision was supported wholeheartedly

by the group, not just because it gave them an infinitely superior option, but also because its uses could range well beyond its own weekly class to other activities around the Church.

Thus we are now all blessed with a fantastic television and trolley that has already seen extra service in the Church during worship, and within the Gateways group. We envisage it can also be used for periodic promotion of activities in the foyer.

The Tai Chi group are now over \$1,000 poorer, but hopefully their exercises will place them in such a relaxed frame of mind that it will seem of not too much consequence. Certainly the whole Church community combines to say a big *thank you* to the group for its generosity. We also say a big *thank you* to John Secombe who did much of the leg work in identifying and taking delivery of the television and trolley.

*Alison*

## Receptive Ecumenism Workshop

Sponsored by Magill Interchurch Council  
and the Social Justice Mission Ministry Team

### Summary and Next Steps

Just over 30 people, representing 7 different Churches and 4 denominations, attended the workshop. Our leaders for the night were Geraldine Hawkes (Executive Officer SACC), Marelle Harisun (Uniting Church), Drew Thomas (Quaker).

The first question we were asked to consider, based on our own experiences, was "*What is the gift that you have received from another tradition?*"

The responses were many and varied:

**Anglican** – Service; Charles Wesley; mother of Protestant churches; liturgy and beautiful ceremony; celebration of Eucharist; welcoming; loving.

**Churches of Christ** – Open; friendly; Christ-like model with poor; interfaith work; missionary zeal; dedicated; independence; giving.

**Lutheran** – Discernment in calling a pastor; music; scholarship; keeping faith; perseverance; education; aged care; grace manifested in women's struggle.

**Orthodox** – Richness of Icons as symbols of faith; discipline; prayers and liturgy with sense of awe; deep sense of Trinity; appreciation of God; welcoming; personal recognition of hope in other traditions.

**Pentecostal** – Enthusiasm; missionary zeal to preach; joyous; entrepreneurship; house groups; movement in worship.

**Religious Society of Friends (Quakers)** – Silence; reflection; quiet thoughtfulness; centeredness; belief; everyday life; justice and love; serenity; sanctuary for all; welcome.

**Roman Catholic** – Tradition; ritual; hospitality; strong spirituality; practical help on the ground; Caritas work; inspiration of Religious [Sisters, Priests and Brothers]; education/schools; community service; lovely people; gentle strength; Mass – words, music; contemplation; work tradition; commitment to live belief.

**Salvation Army** – Helping those in need; promoting activities; charity-minded; uniform identity; song-music-band; unselfish work with/for others; grandparents; selflessness; connection with the community; donor.

**Uniting Church** – Inclusive; great concern for social justice; well organized in their communities; social responsibility; less formal; liturgy all can understand; library; youth; talk; community outreach; national environment program.



The next steps included consideration of how the gifts listed above have touched us or responded to a yearning within us, and how can our parish/council/committee learn from our ecumenical partners. How might we initiate a learning conversation with our members?

### Prayer for Christian Unity 'God is love' (1 John 4:8)

Loving and eternal God, you continually delight in all of humanity and beckon us all on to our best possibilities.

We rejoice with you at the many manifestations of our unity in Christ and we give thanks for the openness of those around us to be companions on the journey.

We regret the times when we have overlooked or diminished the prayer of Jesus that we may all be one "*so that the world may believe that you have sent me*".

We ask the Holy Spirit to help us recognise any place within our own denomination in need of healing, especially as it pertains to our structures, practices, systems or processes.

Let our gaze rest lovingly on our gifts and on our wounds, and on one another, sisters and brothers in Christ, as your gaze rests on each one of us.

May we live enfolded in your goodness, so that in every encounter and in every event we may be aware of your presence and move from fractured witness to healing, wholeness and unity in Christ.

**We ask this through Jesus Christ who came as brother and servant to us all. Amen**

### Resources to enable us to continue the journey:

**Healing Gifts for Wounded Hands** - a booklet to assist us all in the way of Receptive Ecumenism – [www.sacc.asn.au](http://www.sacc.asn.au) or phone 825 0300.

**Receptive Ecumenism: Encounter with Beauty, Truth and Love** – Lecturer, Geraldine Hawkes, Executive Officer, SA Council of Churches, Thursday **20 June 2013**, 7.30pm – 9pm, Room S1, Adelaide College of Divinity, 34 Lipsett Tce, Brooklyn Park

*Report prepared by Geraldine Hawkes (SACC) and Colin Cargill (Morialta UCA)*

## Organized Religion

Our *Vision* is an integral part of our organized religion at Morialta. For me, that's fine for *Vision* is interesting and very helpful. But for many organized religion in any form is not helpful. Many people claim to be spiritual but not religious.

Brian McLaren, author and theologian, gives interesting and thoughtful insights into organized religion in his book, 'Naked Spirituality', which is the subject of 'Gateways' studies at the moment.

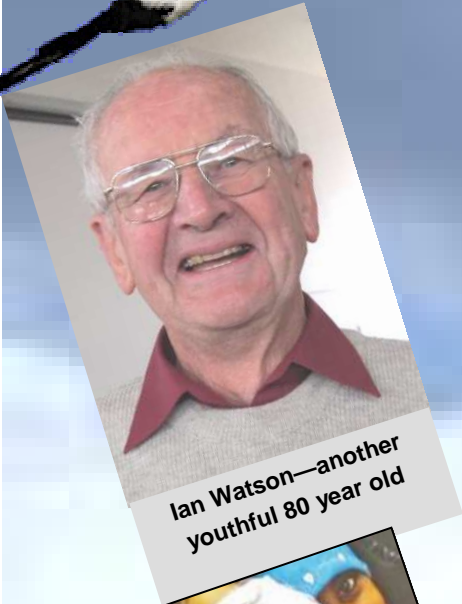
Religion, he claims, is all about connecting which he proves by drawing our attention to the etymology (root) of the word, 'lig' which is also found in the word, ligament. Ligaments unite parts of our body with one another. And 're' means again. So, true religion is about connecting again with God, with family and friends, community and His creation.

I am glad to be involved in organized religion which offers me this *Vision* and I am mindful of being spiritual too.

Arthur Tideman



# Morialta Magpie



Ian Watson—another youthful 80 year old



Jack Tredrea celebrates his 18th Birthday



Christine and Peter Garner celebrated their 40th anniversary and Christine's 70th birthday!



Dale and Brian Corrigan received medals for 50 years of service to the Red Cross



Happy Birthdays to Sue Fuss, Margaret Johnston and Winn Bull!



Men in Black—John Powers and Bruce Ind!



Bob Lloyd received a Campbelltown Council Volunteers award for 10 years of dedication to the Vine Street Rose Garden



Happy Birthdays Merv Boundy and Craig Mackenzie



Jo Walker received her quilt and the good wishes of Morialta folk. She is now at Lutheran Homes, Glyde.



Congratulations to the Mission Projects Team on a successful Logies Night!



## Paws for thought .....



I was pleased to see some of my Morialta friends the other day. I was allowed to come to the picnic at Morialta Park At least for a little while!

I can't help it if I get excited. I don't get out very much and when I see other dogs I forget how to behave. I know that I'm not supposed to bark. Of course, Wallace is such a goodie-goodie; he doesn't bark, but YOU don't hear him telling me where the dog is and egging me on to make a noise.

I wish you humans could hear ultrasonically! Its only because I'm so excited to be out. Most of the time I have to stay home all day and lie around on my bed in the warm house while Wallace takes Bruce and Anne out.

Wait a minute. I think I'm the lucky one with all the rain and cold weather. See you next summer!

### MARGARET CLOGG RETIRES



After a very fulfilled nursing career spanning 50.5 years, Margaret Clogg has retired.

She trained at the Murray Bridge SM Hospital and the Royal Adelaide Hospital, and spent most of her post graduate years at the Ashford and Wakefield Hospitals, before completing her working years at Calvary Rehabilitation Hospital at College Grove.

While working at Wakefield Hospital, Margaret studied successfully for an extensive orthopaedic course and topped the class. She worked in the orthopaedic ward for many years and looked after quite a few Morialta parishioners while there!

She looks forward to some "work-free" years so she can spend more time reading, gardening and caravanning with Ray. She will also continue as an active volunteer with Guide Dogs SA/NT.

### JOHN MASCHMEDT—CONGRATULATIONS!

A tireless volunteer for almost 30 years, his caring work was recognized with a Burnside Council Volunteers Award presented by Mayor David Parkin. John has transported people, been a Foundation member of the Burnside Library Film Group, taken projectors and screens into nursing homes and been a stalwart in preparing meals, serving and washing up in the Community Centre kitchen. In 2009 he joined the Burnside Graffiti Removal team and would like to return to that worthwhile activity one day. John's contribution to the Alzheimers Association and to memory loss groups, there and at Milpara has been valued. He would like to introduce activities in his new home setting sometime soon. We are so glad that he continues to worship at Morialta.



### WELCOME!

Tara, Ethan and Lainey Staritski were baptized in Diane's final baptismal service. We welcome them to Morialta, along with Justin and Lachan.

**Lorna Phyllis Stuart**  
25.4.1928 – 27.5.2013



Lorna was a strong but gentle, gracious, generous and loving person. Born in Ryde, NSW, to Robert Forbes and Mathilda Mary Amelie Stuart, she was the last of eight children.

Over the years Lorna maintained close contact with her brothers, sisters and their families. and offered support and advice to them. There was a special bond with Margaret and Bobby (deceased), her sister's children, who lived with Lorna and her parents at the family home in Ryde. One of her great delights was to "donkey" Betty, her sissy, on the handlebars of her scooter at breakneck speed up and down the roads near their home.

Lorna started and stopped nursing training after twelve months at Ryde Hospital on medical advice. Undeterred, she moved to Adelaide to undertake training at the RAH and it was at that time she met up with her dear friend Marlienne Thomson and the Thomson family – Erna was like a second Mother. A wonderful friendship developed with Erna, Captain Thomson, Anna and Kevin, Rae and Frank, and Dean and their families. Lorna joined Captain Thomson, Marlienne and a group of friends exploring the Nullabor Caves, up and down rope ladders which were dropped into the caves many metres below the surface.

Lorna completed her nursing training and was soon appointed to the position of Charge Nurse of Hope Ward and the theatre, specialising in Gynaecology, and when the East Wing was built they transferred to Ward D4. During this time Marg Southwell and Crissy, as students, were privileged to work with Lorna and become great friends. Lorna was a strong, yet quiet leader. She loved to teach and provided many hours of tutorials for students in the ward or in the School of Nursing or at the Adelaide Children's Hospital (now the Women's and Children's Hospital) and Memorial Hospital.

Lorna did her Midwifery training at the Queen Victoria Hospital in Melbourne, completed the Ward Administration Diploma course at the Royal College of Nursing Australia in Melbourne, returning to Melbourne to study at the Peter McCallum Cancer Centre for twelve months. On return to the RAH she was instrumental in implementing policy and procedures for care and management of cancer patients who had been discharged from hospital.

Lorna also attended ABI at Victor Harbor for twelve months, undertaking a course in Bible studies.

Lorna was appointed to the position of Nursing Supervisor followed by her appointment as Director of Nursing, Hampstead Centre, earlier known as Northfield Infectious Diseases Hospital. During her years at Hampstead Lorna developed Enrolled Nurse courses recognised by the Nurses Registration Board, and was a member of the team which commissioned the Rehabilitation Centre at Hampstead. On two occasions – Cyclone Tracy and the Vietnamese boat arrivals, all of whom were deeply traumatised and were being airlifted to various parts of Australia, many were located at Hampstead, where Lorna and her staff provided care, food and activities, especially for children.

Lorna was highly respected by her staff and colleagues. Unfortunately she had

health problems from time to time and finally had to retire earlier than planned. It would take several years to recover.

In retirement, Lorna and Crissy built a shack at Middleton and spent many happy times there with family and friends.



From Crissy:

"I have been humbled by the outpouring of love and support for Lorna and myself. I thank our dear friends, relatives and neighbours. I would also like to acknowledge the tremendous care and support from Gabrielle and the Carers from the ACH Group. We had many funny times as they would know. Also my thanks to the staff at the RAH Ward Q8, who administered such loving care and comfort during Lorna's final days. Many remember little Elle, whose ashes are being buried with Lorna. They will have caught up and they would be walking across the Rainbow Bridge.

Lorna – forever in our hearts.



## Welcome to the Morialta Uniting Church Community Library

### Dear Readers

I was in the ABC Book Shop looking at books to buy for the Library, when I came across a book called **Manage Your Pain: Practical & Positive Ways of Adapting to Chronic Pain** by Dr. Michael Nicholas, Dr. Allan Molloy, Lois Tonkin and Lee Beeston.

Thumbing through the pages I became interested, because it was talking about all types of pain, both physical and emotional, and I thought that this was information that would be good to know, even before you experienced chronic pain, so that you might know how to handle it.

Knowing that **Ervine McCormack** needed to manage chronic pain after breaking his back in a car accident, I asked him if he would mind doing a book review for Vision. He agreed.



*'I have been a chronic pain sufferer for several years through a broken back injury. Over this time I have used most of the ADAPT techniques'*

### Here is what Ervine had to say:

"This book describes a technique called ADAPT, giving insight into how to manage chronic pain. Chronic pain with seemingly good scientific support does not always help everyone. If you want change from chronic pain you must manage your strategies and methods as well as your medication, and this involves reducing your medication, if at all possible. (Consult your physician to confirm this)

This book deals with pain management strategies to *prevent* excessive suffering and disability. Questions are posed like –

"Is pain all in the mind?" "No".

"Is the solution simply mind over matter?"

"Perhaps meditating over that might help".

The ADAPT technique will help you develop a strategy that will require willpower, determination, honesty and a need for listening, thinking and trying, and never giving up.

ADAPT strategies will enable the patient, through a pathway, to explore and challenge their feelings and thoughts, **preparing** them mentally and physically to manage the pain.

This new experience will give them choices. This is a program which will **improve** mind, balance, co-ordination and strength in muscle and flexibility of movement.

ADAPT technique **enables** a patient to realistic thinking, balanced and getting things in perspective, giving confidence in future and improved pain management.

I have been a chronic pain sufferer for several years through a broken back injury. Over this time I have used most of the ADAPT techniques and found the program a great help in management of pain.

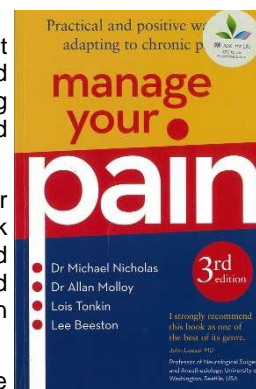
The only added strategies I used were my Christian faith to believe that I could manage such a program, walking poles to help me walk and regain my balance again, and a hydrotherapy program.

I can now manage my pain with some success and have reduced my medication by half.

I would sincerely recommend this book as worth reading."

*Ervine McCormack*

Thank you, Ervine, for sharing your journey with us. *Lorraine*



### HELPFUL BOOKS WHICH DEAL WITH LOSS OF A LOVED ONE OR HELPING SOMEONE ELSE THROUGH LOSS:

**Living with Loss** by Liz McNeill Taylor

**The Other Side of Chaos** by Margaret Silf

**Dream New Dreams** by Jal Pausch

**If there's anything I can do...** by Caroline Doughty

**The Grief Recovery Handbook** by John W. James and Russell Friedman

**First Steps Through Bereavement** by Sue Mayfield

### OTHER BOOK REVIEWS

may be accessed by logging on to [www.morialta.org.au](http://www.morialta.org.au) or on the noticeboards in the Library or Library foyer.

#### Books reviewed this month:

*All that I am* by Anna Funder

*In His Strength* by Noriko Dethfels

*False Impression* by Jeffrey Archer

*The Importance of Being Seven* by Alexander McCall Smith

*Bertie Plays the Blues* by Alexander McCall Smith

# Beyond the Blue Lake

7th - 13th November 2013

MORIALTA UNITING CHURCH TOUR



**Come and join the fun!**

Brochures available in the church foyer.

## Morialta Uniting Church

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## DIARY DATES 2013

Sun 23 June 2.00pm	The Redbacks
Sun 30 June 9.30am	Worship - Café Church
Sun 30 June 5.00pm	Pot Luck Tea
Sunday 7th July 4.30pm	Messy Church
Sat 20 July 7.30pm	Cabaret with Payneham Concert Band
Sun 28 July 5.00pm	Pot Luck Tea
Sun 4 Aug 9.30am	Combined Service & Meeting of Congregation
Sun 25 Aug 11.00am	Election Forum organised by Social Justice Team
Sun 25 Aug 5.00pm	Pot Luck Tea
Fri 30, Sat 31 Aug 6.30 for 7.00pm	Morialta Melodrama— <i>The last Hurrah</i>

### Acknowledgments

Brian, David, Helena, Christine, John, Jennie, Mary, Anne, Ray and others for photos throughout this edition. Stories and texts from those identified throughout, and thanks to all who have contributed in many ways to this edition.

Editor: Mary Thornley  
Publisher: Helena Begg

### Deadline for the next Edition 1 August 2013

To discuss ideas for Vision articles contact the editor, Mary Thornley



*Living Streams ~ Giving Life*